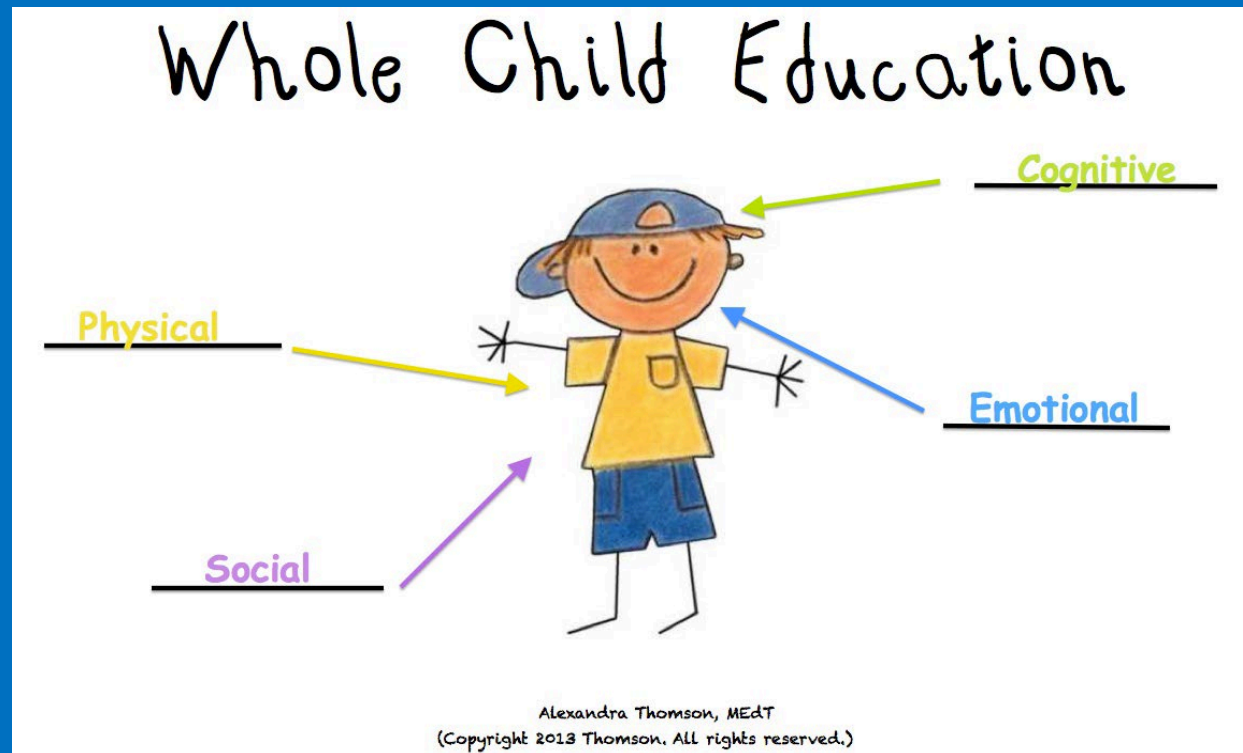


Culture Fusion



Culture Fusion



“The Things that Unite Us”

Social & Emotional Learning

Process for helping children and adults develop fundamental skills for life effectiveness.

SEL Core Competencies

Self-Management

- Regulating one's emotions
- Managing stress
- Self-control
- Self-motivation
- Setting and achieving goals

Self-Awareness

- Labeling one's feelings
- Relating feelings and thoughts to behavior
- Accurate self-assessment of strengths and challenges
- Self-efficacy
- Optimism

Social Awareness

- Perspective taking
- Empathy
- Respecting diversity
- Understanding social and ethical norms of behavior
- Recognizing family, school, and community supports

Relationship Skills

- Building relationships with diverse individuals and groups
- Communicating clearly
- Working cooperatively
- Resolving conflicts
- Seeking help



Responsible Decision-Making

- Considering the well-being of self and others
- Recognizing one's responsibility to behave ethically
- Basing decisions on safety, social and ethical considerations
- Evaluating realistic consequences of various actions
- Making constructive, safe choices for self, relationships and school

Sources: CASEL, Acknowledge Alliance

Creative Learning Initiative

The Creative Learning Initiative seeks to provide a quality arts-rich education for each and every child in Austin ISD.



Tribes

The clear purpose of the Tribes process is to assure the healthy development of every child so that each one has the knowledge, skills and resiliency to be successful in a rapidly changing world.



Lifeskills

An integral part of teaching and learning



BRENTWOOD LIFESKILLS

- CARING** – to show or feel concern
- COMMON SENSE** – to think it through
- COOPERATION** – to work together
- COURAGE** – to act according to one's beliefs
- CREATIVITY** – the ability to make new things or think of new ideas
- CURIOSITY** – to investigate and seek understanding
- EFFORT** – to do your best
- FLEXIBILITY** – to be willing to change plans
- FRIENDSHIP** – to have mutual trust and caring
- INITIATIVE** – to take action
- INTEGRITY** – to act according to what's right and wrong
- ORGANIZATION** – to work in an orderly way
- PATIENCE** – to wait calmly
- PERSEVERANCE** – to keep at it
- PRIDE** – a deep sense of personal satisfaction
- PROBLEM SOLVING** – to seek solutions
- RESOURCEFULNESS** – to solve challenges in creative ways
- RESPONSIBILITY** – to do what's right
- SENSE OF HUMOR** – to be playful without harming














HABILIDADES PARA LA VIDA

- AMISTAD** – tener confianza y cariño mutuo
- CARIÑO** – ser interesado
- COOPERACIÓN** – trabajar juntos
- CURIOSIDAD** – investigar y buscar entendimiento
- ESFUERZO** – hacer tu mejor trabajo
- FLEXIBILIDAD** – ser dispuesto a cambiar planes
- INGENIOSO** – resolver problemas en maneras creativos
- INICIATIVO** – tomar acción
- INTEGRIDAD** – actuar según lo que es bueno y no hacer cosas malas
- ORGANIZACIÓN** – trabajar con mucha organización
- ORGULLO** – un sentido de satisfacción personal
- PACIENCIA** – esperar con calma
- PERSEVERANCIA** – seguir adelante
- RAZONAMIENTO DE PROBLEMAS** – buscar soluciones
- RESPONSABILIDAD** – hacer lo correcto
- SENTIDO COMÚN** – pensarlo bien
- SENTIDO DE HUMOR** – ser chistoso sin lastimar los sentimientos
- VALOR** – actuar según lo que crees

Lifeskills Sheets

Purpose: Reflection and Learning

<h2>Lifeskills Behavior Sheet</h2>				
Name: _____ Date: _____				
<p>1. Draw a picture of what you did. 2. Write some words about your picture.</p> <p>  </p>	<p>3. Draw a picture of what would be a better choice. 4. Write some words about your picture.</p> <p>  </p>			
5. Circle <input type="radio"/> the Lifeskill you need to use.				
Caring	Responsibility	Friendship	Patience	Cooperation
				

Peace Corner

A resource for managing “big emotions”



Using the Peace Area for Self-Regulation

How to Calm Down

Put your hands on your tummy. Say "Stop."

Name your feeling.

Take belly breaths.

How to Calm Down

I can do it!

1 2
3 4
5

Stop—
use your
signal

Name
your
feeling

Calm
down:
breathe
count
use positive self-talk

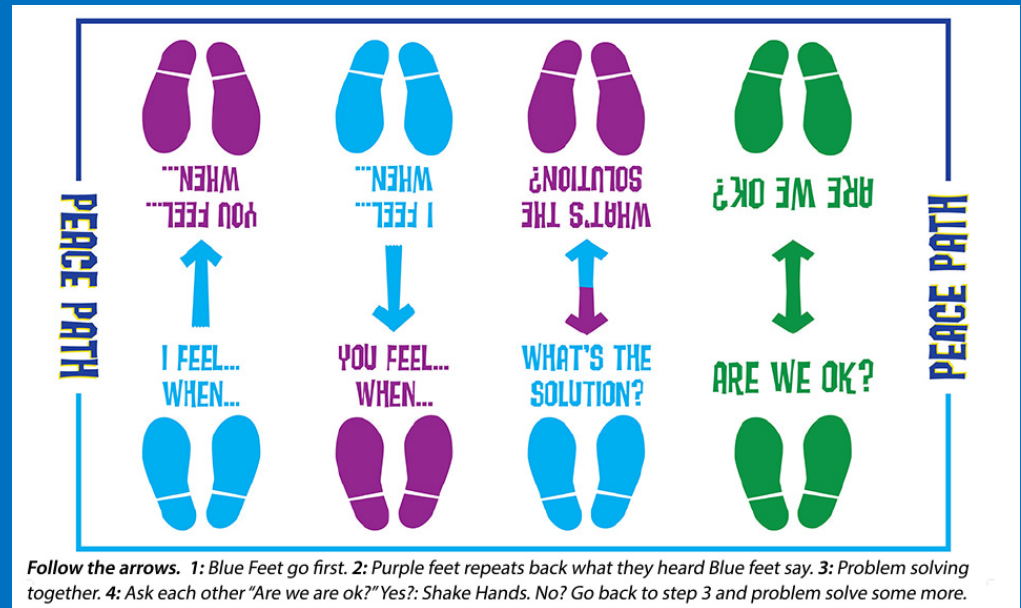


Conflict Resolution Strategies

Empowering students to solve problems

PROBLEM SOLVING SOLUTION SQUARES CUADROS PARA RESOLVER PROBLEMAS

APOLOGIZE  disculparse	WRITE A LETTER  escribir una carta	ASK POLITELY TO STOP AND GIVE THEM A CHANCE TO DO THE RIGHT THING  Preguntar cortésmente parar y darles una oportunidad de hacer lo correcto	FIND A WIN-WIN  encontrar un ganar-ganar
COMPROMISE  solución intermedia	FIND A NEW WORKING SPOT  encontrar un lugar nuevo donde trabajar	FIND A NEW FRIEND  encontrar un nuevo amigo	ASK "IS IT ME? AM I THE PROBLEM?" THEN APOLOGIZE  piensa, ¿Soy yo el problema? Entonces pida disculpas
WALK AWAY/IGNORE  leja del lugar/ignorar	LET IT GO, DONT HOLD A GRUDGE  Déjalo ir, no rencor	TRY A "DO OVER"  Trato un <<nuevo hacer>>	TALK IT OUT  discutir con la persona



Common Area Procedures

Unified Expectations Common Language



CAFETERIA EXPECTATIONS

Expectativas en la cafetería

L LEVEL 2 VOICE

Voz al nivel 2

USE GOOD TABLE MANNERS

Utiliza buenos modales al comer

NEEED HELP? RAISE HAND & STAY IN SEAT

¿Necesitas ayuda? Levanta la mano y quédate en tu asiento

CLEANING UP IS EVERYONE'S RESPONSIBILITY

La limpieza es responsabilidad de todos

HANDS, FEET & FOOD TO SELF

Manos, pies y comida a sí mismo



ASSEMBLY EXPECTATIONS

Expectativas en una asamblea

L LEVEL 0 VOICE

Voz al nivel 0

I AM RESPECTFUL

Se respetuoso(a)

SIT APPROPRIATELY

Sientate apropiadamente

TEACHER EXPECTATIONS ARE FOLLOWED

Sigue las expectativas del/ de la maestro(a)

EVERYONE "SHOW YOUR PAWS"

Todos "muestra tus patas!"

NICE TO SPEAKER

Respecta al orador



HALLWAY EXPECTATIONS

Expectativas de los pasillos

WALK ON RIGHT SIDE, 3 SQUARES FROM THE WALL

Camina por el lado derecho, tres cuadros de la pared

ALL EYES FORWARD

Todos los ojos viendo hacia adelante

L LEVEL 0 VOICE

Voz al nivel 0

KEEP HANDS & BODY TO SELF

Mantén las manos y cuerpo para tí mismo



PLAYGROUND EXPECTATIONS

Expectativas en el recreo

PRACTICE FRIENDSHIP AND CARING

Practica la Amistad

LEAVE EARTH MATERIALS ON THE GROUND

Deja materiales de la tierra en el suelo

ALWAYS STAY SAFE AND IN BOUNDARIES OF PLAY AREA

Siempre estar seguro y en los límites del área de juego

YOU NEED TO USE EQUIPMENT CORRECTLY

utiliza el equipo correctamente